

Sports & Clubs Policy

November 2022

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Sports & Clubs Policy

1. INTRODUCTION

St John's College aims to provide a sporting and cultural environment which caters for the diverse and changing school community through the provision of a variety of sporting and cultural activities for all students who wish to participate in sports and clubs, regardless of ability.

St John's College aims to:

- 1.1 Provide a variety of activities that enable and encourage student participation in the sporting and cultural life of the school.
- 1.2 Maintain the high standards of behaviour, uniform, and discipline on and off the field that are expected across all areas of the school.
- 1.3 Provide, where possible, teams which cater for a range of abilities.
- 1.4 Promote the attainment of sporting and cultural excellence.
- 1.5 Incorporate and abide by the CHISZ Schools Charter for Sports & Clubs.

Students who represent St John's College in the sporting and cultural arena are expected to reflect the values of the College and:

- 1.6 Play to win but play within the rules.
- 1.7 Always play and represent the school with pride.
- 1.8 Respect the decisions of the match officials.
- 1.9 Support their teammates.
- 1.10 Always wear the correct St John's College sports and clubs' uniform.
- 1.11 Attend and be punctual at all practices and meetings.
- 1.12 Attend all classes during the school day.
- 1.13 Wear the St John's College sports and clubs' attire with pride.
- 1.14 Not get involved in any situation that negatively affects the reputation of our school.



2. STRUCTURE OF SPORTS AND CLUBS AT ST JOHN'S COLLEGE

Headmaster	The Headmaster and/or his Deputies have overall authority for all areas and report to the Board of Governors.
Director of Sport	The Sports Director provides assistance to all sports and is accountable for all sports related matters within the school.
Director of Culture	The Cultural Director provides assistance to all clubs and is accountable for all clubs related matters within the school.
Deputy Director of Sport	Assists the Sports Director.
Colours Committee	The Members are constituted: Recommend colours awards. Ratify awards.
Teacher in Charge	Overall organisation of their sport or club and reports to the Sports Director/ Cultural Director.
Parents Committee	Provides assistance to the Master in Charge, especially in regard to fundraising and resourcing.
Coach/Manager	Reports to the Master in Charge of their sport or club.
Player	Reports to coaches and managers of their team.



Eas	ter and Christmas Terms		Trinity Term
Sport	Clubs and Societies	Sport	Clubs and Societies
Major	Art	Major	Art
Basketball	Bridge	Football	Bridge
Cricket	Chess	Hockey	Chess
Swimming	Coding	Rugby	Coding
Tennis	Choir		Choir
Waterpolo	Engineering	Minor	Engineering
	Events Management	Golf	Events Management
Minor	First Aid	Squash	First Aid
Athletics	French	Volleyball	French
Golf	Jazz Band		Jazz Band
Squash	Marimba	Invitation	Marimba
Volleyball	Pipes & Drums Band	HPC	Pipes & Drums Band
	Pottery	Specialist Tennis	Pottery
Invitation	Quiz		Quiz
HPC	Public Speaking		Public Speaking
Specialist Tennis	Ram Committee (L6 only)		Ram Committee (L6 only)
	Rugby Refs		Rugby Refs
	Sound & Light		Sound & Light
	Toyota Mechanics		Toyota Mechanics
	Tutoring Club (Da Vinci) 6th Form Only		Tutoring Club (Da Vinci) 6th Form Only
	Invitation		Invitation
	Pipe Band A		Pipe Band A
	Societies		Societies
	Debate		Debate
	Interact (6th Form Only)		Interact (6th Form Only)
	Model United Nations		Model United Nations
	Toastmasters (U6 only)		Toastmasters (U6 only)



*Please note that the following schedules are subject to change and the images you see below cannot be used as the sole copy of the afternoon co-curricular timetable.

1ST HALF OF EASTER TERM AFTERNOON CO-CURRICULAR TIMETABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Early Morning Sessions	ı		Manual Labour		
06:00 - 07:00		Swimming - Senior	Swimming - Junior		13:30 - 14:30		
		Afternoon Session 1					
			Clubs		Matches	Matches	F1 & F2 Prep
	A Capella & Choir - Seniors	Chess-Juniors	A Capella & Choir - Seniors	A Capella & Choir - Juniors			Mon - Thur
	Art - Seniors	Coding - Juniors	Bridge - All Ages	Art - Juniors			13:45 - 14:25
	Bridge - Seniors	Debate Society - Juniors	Coding - Seniors	Bridge - Juniors	Basketball	Cricket	
	French - Seniors	French - Juniors	Media Club - Seniors	First Aid - Juniors	Seniors	Seniors	
	Instrumental Ensemble - All Ages	Jazz Band - Juniors	Pipes & Drums - Advanced	Jazz Band - Juniors	016	016	Conversational Shona
	Ram Committee (L6)	Media - Juniors	Public Speaking - Seniors	Pipes & Drums - Beginners	U15	U15	Tues & Wed
	Toyota Mechanics - Seniors	Pipes & Drums - Intermediate		Wind Band - Juniors	U14	U14	13:45 - 14:30
	Electric Band - Seniors	Public Speaking - Juniors		Media - All Ages			
		Toyota Mechanics - Juniors		First Aid - Juniors			Da Vinci Tutoring
14:30 - 15:55					Tennis	Waterpolo	Mon - Thur
	HPC		HPC		Seniors	Seniors	13:45 - 14:30
			Sports		016	016	
	Athletics - All Ages	Athletics - All Ages	Athletics - All Ages	Athletics - All Ages	U15	U15	Engineering Club
	Basketball - U14	Basketball - U16	Basketball - U15	Basketball - Seniors	U14	U14	Mon - Thur
	Cricket - U15	Cricket - Senior	Cricket - U14	Cricket - U16			13:45 - 14:30
	Swimming - Junior (14:30 - 15:10)	Squash (Open Session)	Tennis - U15	Swimming - Senior (14:30 - 15:10)			
	Squash (Open Session)	Tennis - U16	Squash - Seniors (14:30 - 16:30)	Tennis - Seniors	Waterpolo	Swimming	Sound & Light Unit
	Tennis - U14	Volleyball - Seniors	Waterpolo - U15	Squash - Juniors (14:30 - 16:30)	016	Galas	Thur
	Waterpolo - U14 (15:15 - 16:15)	Waterpolo - U16/17		Volleyball - U14/15/16	U15	14:00 - 17:00	13:45 - 14:30
				Golf - Juniors (14:30 - 17:30)	U14		
		Afternoon Session 2	nn 2				Quiz
		•	Clubs			Wind Band	Wed
	Debate Society - Intermediate & Seniors	Ā	Chess - Seniors	Electric Band - Juniors		10:00 - 11:30	13:45 - 14:30
	First Aid - Seniors	Drama Club - Juniors	Drama - Seniors	Instrumental Ensemble - All Ages			
	Marimba - Seniors	Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors		Choir	
	Pipes & Drums - Advanced	Wind Band - Juniors	Jazz Band - Seniors	Pottery - Juniors		08:00 - 10:00	
		Electric Band - Juniors	Marimba - Seniors				
			Electric Band - Seniors				
16:05 - 17:25							
	Athletics - All Acres	Athlatics - All Ages	Athletics - All Ages	Athletics - All Ages			
	Cricket - U14 (16:20 - 17:25)	Basketball - Seniors	Cricket - U15 (16:05 - 17:25)	Basketball - U16			
,		Cricket - U16 (16:15 - 17:45)	Basketball - U14	Cricket - Senior			
		Tennis - Senior	Tennis - U14	Tennis - U16			
		Waterpolo - U16/17	Waterpolo - U14 (16:00 - 17:15)	Volleyball - Seniors			
		Volleyball -U14/15/16	Waterpolo - 1's (17:15 - 18:30)	Waterpolo - U16/17 (16:00 - 17:20)			
		Waterpolo - Senior (17:30 - 18:30)		Waterpolo - Senior (17:30 - 18:30)			
17:30 - 18:00	17:30 - 18:00 SJC Cross Country (3.5km) Compulsory	SJC Cross Country (3.5km	SJC Cross Country (3.5km) Compulsory	SJC Cross Country (3.5km) Compulsory			
		Evening Session	ns				
	Interact Society - 6th Form Only (18:00 - 19:00)		MUN - All Ages (17:45 - 19:00)				
¥	Specialist Tennis (17:45 - 19:00)	Specialist Tennis (17:45 - 19:00)	Toastmasters - U6 (19:00 - 21:00)	Specialist Tennis (17:45 - 19:00)			
			Specialist Tennis (17:45 - 19:00)				



2ND HALF OF EASTER TERM AFTERNOON CO-CURRICULAR TIMETABLE

				Toastmasters - U6 (19:00 - 21:00)			A/H
				MUN - All Ages (17:45 - 19:00)		Interact Society - 6 th Form Only (18:00 - 19:00)	
				ns	Evening Sessions		
			Specialist Tennis				
			Rugby - U16	Specialist Tennis	Specialist Tennis	SpecialistTennis	
			Open Hockey - Seniors	Football - U14	Football - U16	Football - U15	
			Open Football - Seniors	Hockey - U14	Hockey - U16	Hockey - U15	
			Open Rugby - Seniors	Rugby-U15	Open Rugby - Seniors	Rugby - U14	
				Sports	S		
							16:05 - 17:25
				Electric Band - Seniors	Media		
				Marimba - Seniors	Electric Band - Juniors		
	08:00 - 10:00		Pottery - Juniors	Jazz Band - Seniors	Wind Band - Juniors	Pipes & Drums - Advanced	
	Choir		Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors	Marimba - Seniors	
			Instrumental Ensemble - All Ages	Drama - Seniors	Drama Club - Juniors	First Aid - Seniors	
13:45 - 14:30	10:00 - 11:30		Electric Band - Juniors	Chess - Seniors	A Capella & Choir - Juniors	Debate Society - Intermediate & Seniors	
Wed	Wind Band			Clubs	0		
Quiz				n 2	Afternoon Session 2		
13:45 - 14:30			Squash - Juniors (14:30 - 16:30)		Specialist Tennis	SpecialistTennis	
Thur			Specialist Tennis	Specialist Tennis	Rugby - U16	Golf-Seniors (14:00 - 17:30)	
Sound & Light Unit (All Ages)			Golf - Juniors (14:30 - 17:30)	Squash - Seniors (14:30 - 16:30)	Squash (Open Session)	Squash (Open Session)	
			Volleyball - Seniors	Football - U15	Volleyball - Seniors	Football - U14	
13:45 - 14:30			Football - U16	Hockey - U15	Open Football - Senior	Hockey - U14	
Mon - Thur			Hockey - U16	Rugby-U14	Open Hockey - Senior	Rugby - U15	
Engineering Club							
				Sports	SI		
13:45 - 14:30				HPC		HPC	
Mon - Thur							14:30 - 15:55
Da Vinci Tutoring							
			First Aid - Juniors		Toyota Mechanics - Juniors	Electric Band - Seniors	
13:45 - 14:30			Wind Band - Juniors		Public Speaking - Juniors	Toyota Mechanics - Seniors	
Tues & Wed			Pipes & Drums - Beginners	Public Speaking - Seniors	Pipes & Drums - Intermediate	Ram Committee (L6)	
Conversational Shona			Jazz Band - Juniors	Pipes & Drums - Advanced	Jazz Band - Juniors	Instrumental Ensemble - All Ages	
	Rugby	Soccer, Hockey & Volleyball	-	Media Club	French - Juniors	French - Seniors	
			Bridge - Juniors	Coding - Seniors	Debate Society - Juniors	Bridge - Seniors	
13:45 - 14:25			Art - Juniors	Bridge - All Ages	Coding - Juniors	Art - Seniors	
Mon -Thur			A Capella & Choir - Juniors	A Capella & Choir - Seniors	Chess - Juniors	A Capella & Choir - Seniors	
F1 & F2 Prep	Matches	Matches		Clubs	0		
				on 1	Afternoon Session 1		
	06:30 - 08:30						
	Wanual Labour			sions	Early Morning Sessions		
	,		· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·			



TRINITY TERM AFTERNOON CO-CURRICULAR TIMETABLE

A Capella & Choir - Seniors Chests - Juniors Coding - Coding - Coding - Juniors Coding - Coding - Juniors Coding - Coding - Juniors Coding - Coding - Coding - Juniors Coding - Coding - Juniors Coding - Coding - Juniors Coding - Coding - Coding - Coding - Coding - Juniors Coding - Coding - Juniors Coding - Coding - Coding - Coding - Coding - Juniors Coding - Coding	Monday	AR COST					
Afternoon Sasson Actorials A Capelle & Choir - Seniors Art - Seniors Art - Seniors Bridge - Seniors French - Juniors Bridge - Seniors Bridge - Seniors Bridge - Seniors French - Juniors Bridge - Seniors French - Juniors Bridge - Juniors Bridge - Juniors French - Juniors French - Juniors Bridge - Juniors French - Juniors Atthletics - Juniors French - Juniors French - Juniors Atthletics - Juniors French - Juniors French - Juniors Atthletics - Juniors French - Juniors French - Juniors French - Juniors French - Juniors Atthletics - Juniors French - Juniors		forecast	Wednesday	Thursday	Friday	Saturday	
Afternon Session A Capella & Choir - Seniors A Cading - Juniors Bridge - Seniors Fench - Seniors Bridge - Seniors Fench - Juniors Fench		Early Morning Se	sssions			Manual Labour	
A Capella & Choir - Seniors ArtSeniors ArtSeniors ArtSeniors Belidge - Seniors Fam Committee (Li) Belidge - Juniors Belidge - Seniors Belidge - Juniors Belidge - Juniors Belidge - Util Football - Util Football - Util Belidge - Seniors Belidge - Juniors Belidge - Seniors Belidge - Juniors Belidge - Seniors Belidge - Seniors Belidge - Seniors Belidge - Juniors Belidge - Seniors Belidge - Seniors Belidge - Juniors Belidge - Seniors Belidge - Seniors Belidge - Juniors Belidge - Seniors Belidge - Seniors Belidge - Seniors Belidge - Juniors						06:30 - 06:30	
A Capella & Choir - Seniors Art Seniors Bridge - Seniors French - Seniors French - Juniors French - Junio		Afternoon Sess	ion 1				
A Capella & Choir - Seniors Code (Pess - Juniors Art - Seniors Code) Art - Seniors Code (Perch - Juniors Bridge - Seniors Perch - Juniors Per			Clubs		Matches	Matches	F1 & F2 Prep
Coding - Linions	A Capella & Choir - Senio		A Capella & Choir - Seniors	A Capella & Choir - Juniors			Mon - Thur
Prings-Seniors Debate Society-Juniors	Art - Seniors	Coding - Juniors	Bridge - All Ages	Art - Juniors			13:45 - 14:25
French - Seniors French - Juniors	Bridge - Seniors	Debate Society - Juniors	Coding - Seniors	Bridge - Juniors			
Instrumental Ensemble - Ail Ages lazz Band - Juniors Ram Committee (LG) Ram Committee (LG) Ram Committee (LG) Ram Committee (LG) Resident - Seniors Robes Bender - Seniors Robes Ut Athletics - Juniors Robes Ut Athletics - Juniors Robes Ut Athletics - Juniors Robes Codey Ut Athletics - Seniors Robes Solory Resident Society - Ut Athletics - Seniors Robes Solory Resident Society - Intermediate & Seniors Robes & Drums - Advanced Rectric Band - Juniors Robes & Drums - Advanced Rectric Band - Juniors Robes & Drums - Advanced Rectric Band - Juniors Robes & Drums - Advanced Robes & Drums - Advanced Rectric Band - Juniors Robes - Ut Athletics - Seniors	French - Seniors	French - Juniors	Media Club - Seniors	First Aid - Juniors	Soccer, Hockey & Volleyball	Rugby	
Toyota Mechanic - Seniors Pipes & Drums - Intermedate Flectric Band - Seniors Propes & Drums - Intermedate Flectric Band - Seniors Propes & Drums - Intermedate Propes Toyota Mechanics - Juniors Rugby - U15 Hockey - U16 Hockey - U16 Hockey - U16 Hockey - U16 Football - U16 Foot	Instrumental Ensemble - All		Pipes & Drums - Advanced	Jazz Band - Juniors			Conversational Shona
Toyota Mechanics - Seniors Pipes & Drums - Intermediate Electric Band - Seniors Public Speaking - Juniors Toyota Mechanics - Juniors Person - Toyota Mechanics - Juniors Righy U15 Hockey- U16 Hockey- U16 Hockey- U16 Football - U16 F	Ram Committee (L6)		Public Speaking - Seniors	Pipes & Drums - Beginners			Tues & Wed
HPC HPC Athletics - Juniors Athletics - Juniors Rugby - U15 Fordual U16 Fordual U15 Fordual U16 F	Toyota Mechanics - Senio			Wind Band - Juniors			13:45 - 14:30
Athletics - Juniors Athletics - Serviors Rugby - U15 Hockey - U16 Football	Electric Band - Seniors			First Aid - Juniors			
Athletics - Juniors Athletics - Seniors Spaniors Reglay - U15 Hockey - U16 Hockey - U16 Hockey - U16 Hockey - U16 Football - U							Da Vinci Tutoring
Athletics - Serviors Rugby - U15 Rockball - U14 Fockball - U16 Fockball - U17 Fockball - U16 Fockball - U17 Foc							Mon - Thur
Athletics - Juniors Rugby U15 Rugby U15 Hockey - U14 Football - U16 Hockey - U14 Football - U16 Hockey - U16 Hockey - U16 Hockey - U16 Reniors Squash (Open Session) Squash (Open Session) Attennoon Session Rist Aid - Seniors Maintha - Juniors Flies & Drums - Advanced Athletics - Juniors Rugby - U14 Open Rugby - Seniors Rugby - U14 Open Rugby - Seniors Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - Seniors Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - U16 Open Rugby - U16 Spa Athletics - Juniors Rugby - U16 Open Rugby - U16 Ope	HPC		HPC				13:45 - 14:30
Athletics - Juniors Athletics - Seniors Hockey - U16 Hockey - U15 Football - U15 Football - U15 Football - U16 Football - U17 Football - U17 Football - U18			Sports				
Riuglby - U15	Athletics - Juniors	Athletics - Seniors	Athletics - Juniors	Athletics - Seniors			Engineering Club
Hoctoball - Ulf Frontball - Ul	Buchv-1115	Hockey - 1116	Richy-1114	Hockey - 116			Mon-Thur
Football - U14 Football - Session	CIO (cignu	Comment of the control of the contro	tio (dgan)	reth11 116			12.47 14.20
Football - U14 Vollephall - Seniors Squash (Open Session) Debate Society - Intermediate & Seniors First Aid - Seniors Mannaba - Juniors Pipes & Drums - Advanced Wind Band - Juniors Pipes & Drums - Advanced Athletics - Juniors Rugby - U14 Open Rugby - Seniors Rugby - U14 Open Rugby - Seniors Str. Cross Country (3 Skm) Compulsory SCC Cross Country (3 Skm) Compulsory SCC Cross Country (3 Skm) Compulsory SCC Cross Country (3 Skm) Compulsory Entire Band - Juniors Spa	Hockey - U14	Football - U16	Hockey - U15	Football - U16			13:45 -14:30
Squarh (Open Session) Squarh (Open Session) Afternoon Session Debate Society - Intermediate & Seniors	Football - U14	Volleyball - Seniors	Football - U15	Open Football - Seniors			
Attention Sussion Debate Society - Intermediate & Seniors First Ald - Seniors Maintha - Seniors Pipess & Drums - Advanced Maintha - Juniors Pipess & Drums - Advanced Wind Band - Juniors Beetric Band - Juniors Rugby - U14 Open Rugby - Seniors Rugby - U14 Open Rugby - Seniors Football - U15 Open Football - Seniors SKC Cross Country (3-Skm) Compulsory Eventor Skinni Compulsory SKC Cross Country (3-Skm) Compulsory	Squash (Open Session)		Squash - Seniors (14:30 - 16:30)	Volleyball - Seniors			Sound & Light Unit (All Ages)
Attention Seniors Debate Society - Intermediate & Seniors First Aid - Seniors Maintha - Seniors Pipes & Drums - Advanced Minthala - Juniors Pipes & Drums - Advanced Wind Band - Juniors Righty - U14 Open Righy - Seniors Athlietics - Juniors Righy - U14 Open Righy - Seniors Football - U15 SEC Cross Country (3 Skm) Compulsory				Golf- Juniors (14:30 - 17:30)			Thur
Attennoon Session Debate Society - Intermediate & Seniors First Aid - Seniors Maintha - Juniors Pipes & Drums - Advanced Minch Band - Juniors Pipes & Drums - Advanced Wind Band - Juniors Bectric Band - Juniors Athletics - Juniors Regby - U14 Open Hockey - Seniors Footbail - U15 Open Hockey - Seniors Regby - U15 Open Hockey - Seniors Regby - U16 SC Cross Country (3 Skm) Compulsory SC Cross Country (3 Skm) Compulsory Eveniors Regby - U16 SC Cross Country (3 Skm) Compulsory Eveniors Footbail - Seniors Regby - U16 SC Cross Country (3 Skm) Compulsory Eveniors Footbail - Seniors Regby - U16 Regby - U16 Regby - U16 SC Cross Country (3 Skm) Compulsory Eveniors Footbail - Seniors Regby - U16 Regby				Squash - Juniors (14:30 - 16:30)			13:45 - 14:30
Pebate Society - Intermediate & Seniors Pites Aid - Seniors Maimba - Seniors Maimba - Juniors Pipes & Druns - Advanced Pipes & Druns - Advanced Athletics - Juniors Rugby - U14 Open Rugby - Seniors SCC Cross Country (3-Seniors) Entering Brugby - U16 SCC Cross Country (3-Seniors) SCC Cross Country (3-Seniors) Entering Brugby - U16 SCC Cross Country (3-Seniors)							
Construction Computer Construction		Afternoon Sess	ion 2				Quiz
Debate Society - Intermediate & Seniors A Capella & Choir - Juniors Piers & A Capella & Choir - Juniors Piers & Dana Clife - Juniors Piers & Drums - Advanced Wind Band - Juniors Piers & Drums - Advanced Wind Band - Juniors Best & Drums - Advanced Wind Band - Juniors Best & Drums - Advanced Wind Band - Juniors Best & Drums - Advanced Wind Band - Juniors Best & Drums - Advanced Wind Band - Juniors Bangley - Ul 4 Open Rughly - Seniors Football - Ul 4 Open Rughly - Seniors Football - Ul 5 Open Rughly - Seniors Football - Ul 5 Open Football - Ul 5 Open Football - Seniors Football - Ul 5 Open Football - Seniors Football - Ul 5 Open Football - Ul 5 Open Football - Seniors Football - Ul 5 Open Football -			Clubs			Wind Band	Wed
Hist Aid - Seniors Dama Club - Juniors Maintha - Seniors Maintha - Juniors Pipes & Drums - Advanced Wind Brad - Juniors Pipes & Drums - Advanced Wind Brad - Juniors Athletics - Juniors Rugby - U14 Open Hodey - Seniors Football - U15 Open Hodey - Seniors SLC Cross Country (3 Skm) Computosoy SLC Cross Country (3 Skm) Computosoy SLC Cross Country (3 Skm) Computosoy SC Cross Country (3 Skm) Computosoy SC Cross Country (3 Skm) Computosoy Entry Cross Country (3 Skm) Computosoy SC Cross Country (3 Skm) Computosoy	Debate Society - Intermediate 8		Chess - Seniors	Electric Band - Juniors		10:00 - 11:30	13:45 - 14:30
Maimba - Seniors Maimba - Juniors Pipes & Drums - Advanced Wind Band - Juniors Beeting Band - Juniors People Band - Juniors People Band Band - Juniors Beeting Band Band Band Band Band Band Band Band	First Aid - Seniors	Drama Club - Juniors	Drama - Seniors	Instrumental Ensemble - All Ages			
Pipes & Drums - Advanced Wind Band - Juniors Blectric Band - Juniors Blectric Band - Juniors Athletics - Juniors Athletics - Seniors Rugby - U14 Open Rugby - Seniors Hockey - U15 Open Football - Seniors Football - U15 Seniors SEC Goost Country (3.3 km) Computiony	Marimba - Seniors	Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors		Choir	
Athletics - Juniors Athletics - Juniors Rugby - U14 Open Hockey - Seniors Football - U15 Open Hockey - Seniors Football - U15 Open Football - Seniors Rugby - U16 SLC Cross Country (3.5km) Compulsory SLC Cross Country (3.5km) Computatory SLC Cross Country (3.5km) Computatory Eventory (3.5km) Computatory	Pipes & Drums - Advance		Jazz Band - Seniors	Pottery - Juniors		08:00 - 10:00	
Athletics - Juniors Athletics - Seniors Spaniors Regby. U14 Open Hodey - Seniors Hockey - U15 Open Hodey - Seniors Football - U15 Open Football - Seniors Rugby - U16 Open Roughul - Seniors Football - U15 Open Football - Seniors Rugby - U16 SMC Cross Country (3.5km) Computatory SCC Cross Country (3.5km) Country (3.5km) Country (3.5km) Country (3.5km) Country (3.5km) Countr		Electric Band - Juniors	Marimba - Seniors				
Athletics - Juniors Rugby - U14 Open Rugby - Seniors Hockey - U15 Open Rugby - Seniors Hockey - U15 Open Fockey - Seniors Football - U15 Open Football - Seniors Rugby - U16 SKC Goost Country (3.5km) Compulsory SKC Goost Country (3.5km) Compulsory SKC Goost Country (3.5km) Compulsory			Electric Band - Seniors				
Athletics - Juniors Athletics - Seniors Rugby - U14 Open Rugby - Seniors Hockey - U15 Open Hockey - Seniors Football - U15 Open Hockey - Seniors Football - U15 Open Rugby - U16 SEC Goost Country (3.3 km) Compulsory SEC Goost Country (3.3 km) Compulsory SEC Goost Country (3.3 km) Compulsory							
Athletics Juniors Athletics Seniors Rugby - U14 Open Rugby - Seniors Hockey - U15 Open Hockey - Seniors Football - U15 Open Football - Seniors Football - U15 Open Football - Seniors SKC Cross Country (3.5km) Compulsory SKC Cross Country (3.5km) Compulsory SKC Cross Country (3.5km) Compulsory							
Regby, U14 Open Regby, Seniors Hockey - U15 Open Hockey - Seniors Football - U15 Open Football - Seniors Regby - U16 SLC Cross Country (3.5km) Compulsory	Athletics - Juniors	Athletics -Seniors	Athletics - Juniors	Athletics - Seniors			
Hockey - U15 Open Hockey - Seniors Football - U15 Open Football - Seniors Rugby - U16 SLC Gross Country (3.3 km) Compulsory SLC Gross Country (3.3 km) Compulsory SLC Gross Country (3.3 km) Compulsory	Rugby - U14	Open Rugby - Seniors	Rugby - U15	Open Rugby - Seniors			
Football - U15 Open Football - Seniors Rugby - U16 S.C. Cross Country (3.5km) Compulsory S.C. Cross Country (3.5km) Compulsory Eventng Session	Hockey - U15	Open Hockey - Seniors	Hockey - 14	Open Hockey - Seniors			
SLC Cross Country (3.5km) Computsory SC Cross Country (3.5km) Computsory SC Cross Country (3.5km) Computed Sessions	Football - U15	Open Football - Seniors	Football - U14	Rugby - U16			
SXC Cross Country (3.5km) Compulsory SXC Cross Country (3.5km) Compulsory Bvening Session		Rugby - U16					
SJC Cross Country (3.5km) Compulsory SJC Cross Country (3.5km) Compulsory EVENING Session							
Evening Sessions	SJC Cross Country (3.5km) Com	SJC Cross Country (3.5kn	y SJC Cross Country (3.5km) Compulsory	SJC Cross Country (3.5km) Compulsory			
			ons				
Interact Society - 6th Form Only (18:00 - 19:00)	Interact Society - 6th Form ((18:00 - 19:00)	only.	MUN - All Ages (17:45 - 19:00)				
A/H Specialist Tennis (17:45 - 19:00) Specialist Tennis (17:45 - 19:00) Toastmaste	Specialist Tennis (17:45 - 19	-	Toastmasters - U6 (19:00 - 21:00)	Specialist Tennis (17:45 - 19:00)			
Specialist			Specialist Tennis (17:45 - 19:00)				



CHRISTMAS TERM AFTERNOON CO-CURRICULAR TIMETABLE

				Touchaston HE (10.00 01.00)			Ž
				MUN- All Ages (17:45 - 19:00)		Interact Society - 6th Form Only (18:00 - 19:00)	•
				ns	Evening Sessions		
			Specialist Tennis		•		
			Rugby-U16	Specialist Tennis	Specialist Tennis	Specialist Tennis	
			Open Hockey - Seniors	Football - U14	Football - U16	Football - U15	
			Open Football - Seniors	Hockey - U14	Hockey-U16	Hockey - U15	
			Open Rugby - Seniors	Rugby - U15	Open Rugby - Seniors	Rugby - U14	
				Sports	SI		
							16:05 - 17:25
				Electric Band - Seniors	Media		
				Marimba - Seniors	Electric Band - Juniors		
	08:00 - 10:00		Pottery - Juniors	Jazz Band - Seniors	Wind Band - Juniors	Pipes & Drums - Advanced	
	Choir		Marimba - Juniors	Hospitality & Events (F4 - U6)	Marimba - Juniors	Marimba - Seniors	
			Instrumental Ensemble - All Ages	Drama - Seniors	Drama Club - Juniors	First Aid - Seniors	
13:45 - 14:30	10:00 - 11:30		Electric Band - Juniors	Chess - Seniors	A Capella & Choir - Juniors	Debate Society - Intermediate & Seniors	
Wed	Wind Band			Clubs	0		
Quiz				on 2	Afternoon Session 2		
13:45 - 14:30			Squash - Juniors (14:30 - 16:30)		Specialist Tennis	Specialist Tennis	
Thur			Specialist Tennis	Specialist Tennis	Rugby - U16	Golf - Seniors (14:00 - 17:30)	
Sound & Light Unit (All Ages)			Golf - Juniors (14:30 - 17:30)	Squash - Seniors (14:30 - 16:30)	Squash (Open Session)	Squash (Open Session)	
			Volleyball - Seniors	Football - U15	Volleyball - Seniors	Football - U14	
13:45 - 14:30			Football - U16	Hockey - U15	Open Football - Senior	Hockey - U14	
Mon - Thur			Hockey - U16	Rugby - U14	Open Hockey - Senior	Rugby - U15	
Engineering Club							
				Sports	15		
13:45 - 14:30				HPC		HPC	
Mon - Thur							14:30 - 15:55
Da Vinci Tutoring							
			First Aid - Juniors		Toyota Mechanics - Juniors	Electric Band - Seniors	
13:45 - 14:30			Wind Band - Juniors		Public Speaking - Juniors	Toyota Mechanics - Seniors	
Tues & Wed			Pipes & Drums - Beginners	Public Speaking - Seniors	Pipes & Drums - Intermediate	Ram Committee (L6)	
Conversational Shona			Jazz Band - Juniors	Pipes & Drums - Advanced	Jazz Band - Juniors	Instrumental Ensemble - All Ages	
	Rugby	Soccer, Hockey & Volleyball	First Aid - Juniors	Media Club	French - Juniors	French - Seniors	
			Bridge - Juniors	Coding - Seniors	Debate Society - Juniors	Bridge - Seniors	
13:45 - 14:25			Art - Juniors	Bridge - All Ages	Coding - Juniors	Art - Seniors	
Mon - Thur			A Capella & Choir - Juniors	A Capella & Choir - Seniors	Chess - Juniors	A Capella & Choir - Seniors	
F1 & F2 Prep	Matches	Matches		Clubs	0		
				on 1	Afternoon Session 1		
	06:30 - 08:30						
	Manual Labour			sions	Early Morning Sessions		
	Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Time



4. STUDENT REQUIREMENTS

4.1 All students are required to participate and contribute positively to the College. The following are guidelines to ensure that all students have adequate opportunity to fulfil their potential and contribute to the overall success of the College.

4.2 Senior Students (Forms 4 to 6)

Senior students will be expected to participate in one major or minor sport and one club. These are based on the sports and clubs, dependent on the term. A total of two activities are required throughout the year. Senior students will be expected to participate in all activities up to and until half term of the third term. At the discretion of the Sports Director or Cultural Director, 6th Form students may elect to specialise with either a sport or club.

4.3 Junior Students (Forms 1 to 3)

Junior students will be expected to participate in two major sports and one club in the second term and one major sport, one minor sport and one club in the first and third term. Major and minor sports are outlined for each term. These are based on the sports and clubs, dependent on the term. A total of three activities are required throughout the year.

4.4 Specialisation of Sport or Club

Students of St John's College are not encouraged to specialise at junior level. Specialisation will only be considered based on the past contributions of the student and the impact of the student not being able to fully fulfil their requirements as outlined in sections 1.1.1 and 1.1.2. These students will be required to train at least once per week with their respective school team and must adhere to any discipline and attendance policies imposed on other players within these teams. If a student is selected for a school team to participate during the weekend or any other day of the week this will take precedence over all outside activities.

4.5 HPC & Pipe Band A

Students of the college who are invited to join the high performance club (HPC) may elect not to participate in a club.

Students selected into Pipe Band A in Forms 1 to 3 may elect to participate in one sport only. Students in form 4 to U6 may elect to participate in no sports.

Any transgressions by a student who is in the HPC may result in automatic exclusion from the HPC and the student reverting back to the standard sports and club's criteria. The same premise applies to students in Pipe Band A.



A discretionary call will be made by the Sports & Cultural Directors before a student is allowed to specialise. A detailed outline including training schedules and competition/tournament requirements must be submitted to the Sports Director or Cultural Director, as well as the contact details of the club/coaches and managers involved. The College encourages that all extra coaching and training takes place outside regular College hours so as not to interfere with the co-curriculum programme.

4.5.1 Commitment to a chosen Sport or Club

If a boy commits himself to a sport or club in the first term, which is also played in the third term of that year, the boy is deemed to have committed himself to both terms and may not request to be excused from his commitment for study purposes or for any other reason. 6th Form students are required to fulfil their sporting and cultural commitments. This MUST be made quite clear to all 6th Form students at the start of the year when they commit themselves to a sport or club. In the event of a 6th form student wanting not to play during their final term or examinations period, he needs to submit a written motivation to the Director of Sport and Cultural Director.

4.5.2 School Attendance/ Training attendance

The Academic Programme of the school is the primary priority of St John's College. If a boy does not respect that in terms of attendance and participation, he should not be allowed to take part in a sports or club fixture.

If a student is not at school on the day of or day before a fixture, or misses the final practice before a fixture, he may not participate for the school in the upcoming fixture.

If a student has an appointment of some sort on the day before a fixture, he must make every attempt to attend school for some part of the day. If the student wants to participate in the fixture, he/she must therefore inform or serve a reasonable notice to his/her coach, TIC and Director of Sport/Cultural of the nature of his/her non-attendance.

If a student is going to miss any scheduled training session for whatever reason, he/she should collect a Non- Attendance Form from the Sports/Cultural Director at least 24 hours before the session he/she is due to miss, have the form signed by his/her Coach / TIC and his/her parents and return the form to the Sports/Cultural Director. Failure to comply with this process will result in the student being placed on Manual Labour. 4.5.3



4.5.3 Sport and Club during examinations

Sports and clubs will be suspended during the examination period except in exceptional circumstances were called for by coaches/TIC with teams participating in fixtures noted in the calendar. Details of these practices will be communicated to the students by their coaches in advance.

4.5.4 Selecting "out of age group" in team sports/clubs

This applies to the ALL sports & Clubs.

A committee comprising the Deputy Headmaster in charge of Student Affairs, the Director of Sport, the Cultural Director, the TIC of the sport or club concerned, and the coach will discuss any deviation from the age group rules. The Deputy Headmaster has the casting vote if required.

This policy applies for selection of U14, U15, U16 players to Open teams only. The following principles will apply:

- Any junior boy must be the best player in his position in the College to be considered for selection for the 1st Team of the College
- At all times if doing so, the underlying consideration needs to be one of: "Will the best interest of all boys be considered?"
- The junior boy must be able to cope with all his school requirements
- Careful consideration must also be given to the senior boy whose
 place the junior boy may be competing for. If the players are of
 equal ability, preference should be given to the senior boy.

4.6 Outside activities

Students will be allowed to participate in other activities not offered by the College. These students will still be required to fulfil their sport and club commitments as outlined in section 1.1.1 and 1.1.2. If selected for a school team to participate on the weekend or any other day of the week this will take precedence.

4.6.1 National Selection

Correspondence from the National Governing bodies is required before a student is allowed a release from the regular requirements of the co-curriculum programme. A detailed outline including training schedules and competition/tournament requirements must be submitted to the Sports/Cultural Director, as well as the contact



details of the club/coaches and managers involved. The Sports/ Cultural Director is to communicate all such schedules to the College Faculty. The College encourages that all extra coaching and training takes place outside regular College hours as not to interfere with the co-curriculum programme.

Should the sport or club continue in any form i.e., training camps and tournaments outside the regular season as outlined by the Zimbabwe School system, further details as mentioned above will need to be provided to the Sports/Cultural Director. The student will be expected to fulfil all requirements of the St John's College co-curriculum programme in this case.

Students who participate in national trials must indicate before the selection tournament whether or not they are available for selection. This must be discussed with the Teacher in Charge of the sport or club. Should there be circumstances beyond the control of the student and their family, these must be brought to the attention of the Sports/Cultural Director.

If a student makes himself available for selection for a national team, he is expected to fulfil that commitment in its entirety. He should not pull out of a team after the selection process.

4.6.2 Clash of major and minor sports and clubs' fixtures

Strict adherence to the term calendar will be followed here. Late entries of fixtures will not be tolerated. Major sports and Clubs will take precedence over minor sports and clubs as outlined, provided major sports and clubs' fixtures are on expected days. Minor sport and club fixtures will take precedence over major sport and club practices only.

4.6.3 Sport & Club Seasons

We understand the importance of pre-season training, **HOWEVER** the precedence of the in-season programme should not be compromised, and it is the responsibility of the TICs and coaches to make sure that the in-season programme and schedule takes preference over any pre-season training. Academics should not be compromised.

PRE-SEASON TRAINING

Our first teams should have every opportunity to be prepared for their season.



The various other teams should also be well prepared but may only be allowed up to four weeks to do pre-season training. Pre-season can only be scheduled at stipulated times as permitted by the Director of Sport.

Very important: If a boy wants to take part in a pre-season programme, he is then compelled to participate in that in-season sport or club.

5. SELECTION

- Students will be selected for teams based on merit.
- Selection needs to be 100% fair, consistent, objective, impartial and transparent.
- Coaches/TICs should communicate to players if they are going to leave a player out of a team.
- This must be done with honesty and empathy.
- Communication must be of such a nature that the message should not come
 as a surprise to the student, i.e., the player should be spoken to prior to the
 public announcement of a team.
- Coaches should also give any student that has been dropped, be it altogether
 or to a lower team, fair reason, and explanation together with guidance on
 how he/she can improve in order to be considered for selection into any
 particular team.

5.1 Reserves or squads

- If a team needs reserves in case of injury, they may take reserves from the team below only after that player has played a full fixture himself.
- In those sports that choose a squad of players for a match, care must be taken that all players need to play that fixture.
- It is highly recommended that the composition of the squad is such that all players play a minimum of half the allotted time for the game.
- If a player is selected to go on tour and is not part of the first-choice team, he should at least play one third of the total time of all fixtures on tour.



6. SPORT UNIFORM AND KIT

- Students practise in green St John's College shorts and a grey St John's round neck T-shirt
- A St John's College tracksuit should be worn when cold
- The official St John's cap or hat should also be worn
- It is important to note that no other green or white garment (provincial clothing, festival, or sponsored shirts etc.) should be worn
- First teams may have special playing and warm up kit. Care must be taken
 that the warmup kit adheres to the official colours and branding of St John's
 College.
- Only black short (way above the knees) skin tights can be worn under the shorts at First Team level. These must be well covered by the shorts. Long skin tights are NOT allowed.
- Add-ons like shooting sleeves and sweat bands are NOT allowed
- Short black elbow and knee guards are allowed in case of Basketball.
- For clubs, Number Ones must be worn at matches. Ties specific to certain clubs & societies may be worn

Sports/Cultural Director to ensure that all teams have adequate numbers viable for the creation of teams and that sporting and cultural talent is not concentrated in one particular sport or club only.

7. CONCLUSION

• It is the responsibility of all students, staff, coaches, parents/guardians, patrons, and community members of St John's College to acknowledge their responsibility with regard to the College and its educational objectives. The overall aim is to develop a holistic student, who can make a positive contribution to his community in order that he becomes "the best that he can be". St John's College looks forward to helping you in the individual development of your son/daughter.

